

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Pancakes Fruit Hot/Cold Cereal	2 Donut Fruit Hot/Cold Cereal	3 Biscuit & Sausage Gravy Fruit Hot/Cold Cereal	4 Egg & Cheese Biscuit Hashbrowns Fruit Hot/Cold Cereal	5 Breakfast Casserole Fruit Hot/Cold Cereal	6 Cheese Omelet Fruit Hot/Cold Cereal	7 Danish Breakfast Muffin Hot/Cold Cereal
8 Pancakes Fruit Breakfast Your Way Hot/Cold Cereal	9 Donut Fruit Hot//Cold Cereal	10 Biscuit & Sausage Gravy Fruit Hot/Cold Cereal	11 Cheese Omelet Fruit Hot/Cold Cereal	12 Breakfast Casserole Fruit Hot/Cold Cereal	13 Danish Blueberry Muffin Fruit Hot/Cold Cereal	14 Cinnamon Roll Fruit Hot/Cold Cereal
15 Pancake Fruit Hot/Cold Cereal	16 Cinnamon Roll Fruit Hot/Cold Cereal	17 Biscuit & Sausage Gravy Fruit Hot/Cold Cereal	18 Blueberry Coffee Cake Fruit Hot/Cold Cereal	19 Breakfast Casserole Fruit Hot/Cold Cereal	20 Banana Muffin Danish Hot/Cold Cereal	21 Cheese Omelet Breakfast Fruit Hot/Cold Cereal
22 Mini Danish Assorted Muffins Fruit Hot/Cold Cereal	23 Pancakes Fruit Hot/Cold Cereal	24 Biscuit & Sausage Gravy Fruit Hot/Cold Cereal	25 Cinnamon Roll Fruit Hot/Cold Cereal	26 Breakfast Casserole Fruit Hot/Cold Cereal	27 Cheese Omelet Fruit Hot/Cold Cereal	28 Cinnamon Coffee Cake Fruit Hot/Cold Cereal
29 Pancakes Fruit Hot/Cold Cereal	30 Donut Fruit Hot/Cold Cereal					September Breakfast 2024 Senior Living

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Fried Chicken Mashed Potatoes & Gravy Creamy Sweet Corn Biscuit	2 Glazed Ham Baked Macaroni & Cheese Broccoli Dinner Roll	3 Sliced Roast Turkey Mashed Potatoes & Gravy Vegetable Medley Bread Slice	4 Braised Beef Tips w/ Gravy Scalloped Potatoes Garlic Green Beans Dinner Roll	5 Ham and Beans Buttered Peas & Carrots Cornbread	6 Fish of the day Mac & Cheese Creamy Coleslaw Dinner Roll	7 Honey Glazed Pork Loin Buttered Cabbage Roasted Sweet Potatoes Dinner Roll
8 Lemon Pepper Chicken Seasoned Rice Green Beans Dinner Roll	9 Beef Stroganoff over Noodles Roasted Brussel Sprouts Dinner Roll	10 Beef Soft Tacos Diced Tomato Salad Refried Beans	11 Homemade Meatloaf Loaded Mashed Potatoes Creamed Corn Dinner Roll	12 Sweet and Sour Chicken Brown Rice Crab Ragoon Fortune Cookie Cherry Cheesecake	13 Three Meat Pizza Spinach & Bacon Salad Garlic Cheese Bread	14 Crispy Ranch Chicken Wrap Relish Plate French Fries
15 Chicken Alfredo over Fettuccini Broccoli Garlic Bread	16 Homemade Lasagna Breaded Zucchini Sticks Garlic Breadstick	17 Garlic Herb Pork Loin Baked Potato Green Bean Casserole Bread Slice	18 Parmesan Crusted Chicken Garlic Butter Fettuccine Buttered Carrots Cheesy Breadstick	19 Broccoli Cheese Soup California Cobb Salad	20 Sweet & Sour Chicken White Rice Buttery Sugar Snap Peas Egg Roll	21 Roast Turkey Mashed Potatoes & Gravy Steamed Broccoli Dinner Roll
22 Homemade Meatloaf Baked Potato Buttered Carrots Dinner Roll	23 Honey Garlic Chicken Thigh Cheesy Rice Steamed Broccoli	24 BBQ Pulled Pork on Bun Baked Beans Corn Casserole	25 Chicken Parmesan Buttered Penne Pasta Buttered Peas Garlic Bread	26 Roast Beef Mashed Potatoes & Gravy Mixed Veggies Dinner Roll	27 Fried Catfish Au Gratin Potatoes Green Beans Bread Slice	28 Country Fried Steak Mashed Potatoes & Gravy Roasted Cauliflower Cornbread
29 Fried Chicken Mashed Potatoes & Gravy Creamy Sweet Corn	30 Glazed Ham Baked Macaroni & Cheese Broccoli Dinner Roll	Always available items are available, Cheeseburger, Hamburger, Grilled cheese, and items listed in your dining room				September Lunch 2024 Senior Living

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Baked Mostaccioli Italian Blend Veggies Garlic Breadstick	2 Cauliflower Cheese Soup Crackers Grilled Chicken Breast over Caesar Salad	3 Stuffed Bell Peppers Garlic Bread	4 Chicken Tenders French Fries Spinach Salad Bread	5 Grill Day Hamburger/Chee seburger or Hot Dog Potato Salad Corn on the Cob	6 Cream of Tomato Soup Herbed Grilled Cheese Sandwich Potato Chips	7 Italian Sausage Ragu over Spaghetti Baked Egg Plant Breadstick
8 Beef Pot Roast Roasted Carrots, Potatoes, Onions Dinner Roll	9 Breaded Pork Chop Baked Sweet Potato Mixed Veggies Cheddar Biscuit	10 Ham & Cheese Sliders Au Gratin Potatoes Peas	11 Aloha Chicken Herb Roasted Potatoes Carrots Dinner Roll	12 Meatball Sub on Bun Chips Cheesy Cauliflower	13 BBQ Pork Riblette on Bun Pasta Salad Breaded Okra	14 BLT Sandwich Potato Wedges Cottage Cheese w/ Fruit
15 Salisbury Steak Mashed Potatoes Green Beans w/ Bacon & Onion Dinner Roll	16 BBQ Meatballs Red Potato Salad Marinated Cucumber & Onions Bread	17 Stuffed Bell Peppers Herb Roasted Potatoes	18 Country Fried Steak & Gravy Mashed Potatoes Steamed Broccoli Dinner Roll	19 Scrambled Eggs Bacon or Sausage Hashbrown Patty Toast Fruit Cup	20 Cheese Ravioli Florentine Tomato Parmesan Salad Garlic Breadstick	21 Beef & Bean Chili Crackers Coleslaw
22 Ham Steak Macaroni & Cheese Brussel Sprouts	23 Cheeseburger Tater Tots Marinated Tomato Salad	24 Chicken Salad Sandwich Garden Pasta Salad Cucumber & Tomato & Onion Salad	25 Pizza Italian Tossed Salad Breadstick	26 Chicago Style Bratwurst on Bun Potato Wedges Coleslaw	27 Chicken & Dumplings Baby Carrots Dinner Roll	28 Turkey Club Sandwich French Fries Harvard Beet Salad
29 Baked Mostaccioli Italian Blend Veggies Garlic Breadstick	30 Cauliflower Cheese Soup Crackers Grilled Chicken Breast over Caesar Salad					September Dinner 2024 Senior Living

Alternative items are available.