| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|---|---|---|---|---|
| **1**<br>***Eden Church 7pm-CH***<br><br>**Day Light Saving Time Ends** | **2**<br>9:30 Chair Exercise-A<br>10 Chair Volleyball-A<br>**2pm Open Enrollment Class for Medicare-A**<br>3pm Wheel of Fortune-A<br>4pm Wii Bowling-B<br>7pm Shuffleboard-A | 3<br>9:30 Chair Exercise-A<br>10 Chair Volleyball-A<br>1:30 Food Meeting-MD<br>**2pm Trip to the Polls to Vote** | 4<br>**9 :30 Coffee Social-PDR**<br>10:30 Chair Volleyball-A<br>**1pm Chair Yoga-A**<br>**2pm Bingo**<br>3pm Wheel of Fortune-A<br>7pm Shuffleboard-A | 5<br>9:30 Chair Exercise-A<br>10 Chair Volleyball-A<br>**10am Local Shopping**<br>**2pm Christmas Craft-A**<br>6pm Trivia-B | 6<br>9:30 Chair Exercise-A<br>10 Chair Volleyball-A<br>**10:30 Lunch at Bella Milano**<br>**1:30 Catholic Communion**<br>**2pm Music w/ Larry-A**<br>3pm BP Checks-L<br>7pm Shuffleboard-A | 7<br>**9:30am Coffee Social-Bistro**<br>10:30 Chair Volleyball-A<br>**1PM SIUE Sorority Girls Craft event** |
| 8<br>***Church with Pastor Tim 7pm-CH*** | 9<br>9:30 Chair Exercise-A<br>10 Chair Volleyball-A<br>**2pm Bingo-A**<br>3pm Wheel of Fortune-A<br>4pm Wii Bowling-B<br>7pm Shuffleboard-A | 10<br>9:30 Chair Exercise-A<br>10 Chair Volleyball-A<br>1:30 Food Meeting-MD<br>**2pm Dollar Tree** | 11<br>**10am Veterans Day Celebration-A**<br>**1pm Vitality in Motion-A**<br>**3pm Prayer Service-CH**<br>3pm Fabulous Nails-A<br>7pm Shuffleboard-A | 12<br>9:30 Chair Exercise-A<br>10 Chair Volleyball-A<br>**2pm Local Shopping**<br>6pm Trivia-B | 13<br>9:30 Chair Exercise-A<br>10 Chair Volleyball-A<br>1pm BP Checks-L<br>**2pm Bingo-A**<br>7pm Shuffleboard-A | **14**<br>**9:30am Coffee Social-Bistro**<br>10:30 Chair Volleyball-A |
| 15<br>**No Church Service** | 16<br>9:30 Chair Exercise-A<br>10 Chair Volleyball-A<br>**2pm Card Making w/ Emily**<br>**3pm Bingo-A**<br>4pm Wii Bowling-B<br>7pm Shuffleboard-A | 17<br>9:30 Chair Exercise-A<br>10 Chair Volleyball-A<br>1:30 Food Meeting-MD<br>**2pm Garden Homes Town Hall-MD**<br>**2pm TMC Singers-A** | 18<br>**9:30 Coffee Social-PDR**<br>10:30 Exercise-A<br>**1pm Tai Chi-A**<br>**2pm Prayer Service**<br>2pm Fabulous Nails-A<br>**3pm Late Bloomer's-CH**<br>7pm Shuffleboard-A | 19<br>9:30 Chair Exercise-A<br>10 Chair Volleyball-A<br>**10am Local Shopping**<br>**2pm Tommy Tunes**<br>6pm Trivia-B | 20<br>9:30 Chair Exercise-A<br>10 Chair Volley-A<br>**10:30 lunch @ Cracker Barrel**<br>1pm BP Checks-L<br>**3pm Resident Talk-CH**<br>7pm Shuffleboard-A | **21**<br>**9:30am Coffee Social-Bistro**<br>10:30 Chair Volleyball-A |
| **22**<br>**New Bethel Methodist Church Service 7pm CH** | 23<br>9:30 Chair Exercise-A<br>10 Chair Volley-A<br>**2pm Bingo-A**<br>4pm Wii Bowling-B<br>7pm Shuffleboard-A | 24<br>**9:30am Edwardsville High School Choir-A**<br>10 Chair Volleyball -A<br>1:30 Food Meeting-MD<br>**2pm Suites & Lofts Town Hall-MR** | 25<br>**9:30 Coffee Social-PDR**<br>10:30 Chair Volleyball-A<br>**1pm Vitality in Motion-A**<br>**2pm The Real Story of Thanksgiving-MR**<br>7pm Shuffleboard-A | 26<br>**No Activities due to the Holiday**<br>**Thanksgiving meal served at noon** | 27<br>**No Activities** | **28**<br>**Friendsgiving Hosted by Gail in the Bistro from 1-3** |
| **29**<br>***Eden Church 7pm-CH*** | **30**<br>9:30 Exercise-A<br>10 Chair Volleyball-A<br>**2pm Help Decorate Trees-A**<br>7pm Shuffleboard-A | | | | **CH-Chapel**<br>**A-Atrium**<br>**PDR-Private Dining Room**<br>**MD-Dining room**<br>**L-Lobby**<br>**MR-Media Room** | **November 2026**<br>**Senior Living/Assisted Living** |