

December 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>Breakfast</h1>				1st Denver Scramble Sausage Patty Toast	2nd Egg of Choice Sliced Baked Ham Toast	3rd Scrambled Egg Sausage Patty Biscuit
4th Egg of Choice Sausage Patty Coffee Cake	5th Pancakes Sausage Patty	6th Sausage Gravy Biscuit	7th French Toast Bacon Toast	8th Scrambled Eggs Breakfast Ham Slice Toast	9th Egg of Choice Sausage Patty Toast	10th Waffles Sausage Patty
11th Egg of Choice Sausage Patty Toast	12th Blueberry Pancake Bacon	13th Sausage Gravy Biscuit	14th Egg of Choice Sausage Patty Toast	15th Breakfast Casserole Toast	16th French Toast Sausage Patty	17th Waffles Sausage Patty
18th Egg of Choice Sausage Patty Breakfast Muffin	19th Scrambled Eggs Bacon Banana Bread	20th Sausage Gravy Biscuit	21st Egg of Choice Sausage Patty Toast	22nd Pancakes Sausage Patty	23rd Egg of Choice Sliced Baked Ham Raisin Toast	24th Scrambled Eggs Sausage Patty Toast
25th Scrambled Egg Sausage Patty Toast	26th Scrambled Egg Bacon Breakfast Muffin	27th Sausage Gravy Biscuit	28th Pancakes Sausage Patty	29th Denver Scramble Sausage Patty Toast	30th Egg of Choice Sliced Baked Ham Toast	31st Scrambled Egg Sausage Patty Biscuit

December 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>Lunch</h1>				1st Country fried steak w/gravy, buttered noodles, mixed vegetables, roll, frosted brownie	2nd Lemon baked fish, buttered rice, steamed vegetables, mandarin orange fluff	3rd Beef stroganoff over noodles, steamed broccoli, roll, sliced peaches
4th Honey glazed pork loin, roasted vegetables, pinto beans, frosted cake	5th Chicken & dumplings, steamed carrots, roll, fruit pie	6th Beef tips in gravy, buttered noodles, Italian blend vegetables, roll, banana pudding	7th Baked ham, au gratin potatoes, Brussel sprouts, peach cobbler	8th Roast beef, carrots/potatoes /onions, roll, fruited gelatin	9th Breaded fish sandwich, cheesy rice, creamed spinach, apple cobbler	10th Beef steak w/gravy, rice pilaf, vegetable blend, fruit fluff
11th Chicken fried chicken breast, mashed potatoes & gravy, buttered corn, roll, apple crisp	12th Brown sugar mustard glazed smoked sausage, roasted redskin potatoes, seasoned cabbage, roll, sweet potato pie	13th Beef pot roast, glazed sweet potatoes, five way mixed vegetables, roll, chocolate brownie	14th Smothered pork, buttered noodles, seasoned squash, roll, pumpkin bar	15th Chicken & broccoli stir-fry, steamed rice, carrots, mandarin oranges	16th Fish of the day, cheesy noodles, creamy cole slaw, roll, oatmeal raisin cookie	17th Salisbury steak, mashed potatoes & gravy, steamed broccoli, roll, blueberry pie
18th Honey glazed ham, baked fresh sweet potato, parslieed cauliflower, roll, cherry whip fruit salad	19th Chicken teriyaki, steamed rice, Asian vegetables, snickerdoodle bars	20th Beef cube steak, buttered corn, stewed tomatoes, roll, bread pudding	21st Stuffed peppers, angel hair pasta, Boston cream pie	22nd Garlic herbed pork loin, au gratin potatoes, steamed carrots, tropical fruit	23rd Baked fish, cheesy noodles, green peas, roll, pumpkin pie	24th Beef stew, sauteed zucchini & onions, roll, brownie
25th Ham, sweet potatoes, glazed carrots, stuffing, cranberry sauce, cherry pie ala mode	26th Honey glazed pork loin, roasted vegetables, scalloped potatoes, roll, frosted cake	27th Cheese ravioli topped w/meat sauce, green peas, roll, fresh baked cookies	28th Penne polish sausage bake, sauerkraut, apple delight	29th Country fried steak w/gravy, buttered noodles, mixed vegetables, roll, frosted brownie	30th Lemon baked fish, buttered rice, steamed vegetables, mandarin orange fluff	31st Beef stroganoff over noodles, steamed broccoli, roll, sliced peaches

December 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>Supper</h1>				1st Deluxe potato ham bake, seasoned broccoli, banana pudding dessert	2nd Pulled pork sandwich, French fries, cole slaw, pudding parfait	3rd Fried chicken, buttered corn, baked macaroni & cheese, cornbread, assorted pies
4th Tomato soup, grilled ham & cheese, side salad w/dressing, assorted sherbet cups	5th Reuben sandwich, dill pickle spear, crispy French fries, chocolate chip cookie	6th BBQ pork, baked beans, confetti corn, cornbread, mandarin oranges	7th Egg salad on croissant, potato chips, sliced tomatoes, caramel brownie	8th Meatloaf, mashed potatoes & gravy, garlic green beans, roll, assorted cookies	9th Pizza, Caesar salad, garlic breadstick, ice cream	10th Macaroni & cheese w/diced ham, broccoli, roll, fruit shortcake
11th Tomato soup, hot ham & cheese sandwich, chips, fruit cup	12th Homemade chili, side salad w/dressing, cornbread, frosted spice cake	13th Tuna salad cold plate, potato salad, marinated vegetable salad, gooey butter bars	14th Sloppy joes on bun, fried potatoes, capri vegetables, cinnamon apple slices	15th Pizza pasta casserole, tossed salad/dressing, garlic breadstick, pineapple cake	16th Classic patty melt, green beans, assorted ice cream	17th Chicken ala king over biscuit, mixed vegetables, fruit parfait
18th French dip beef sandwich, potato chips, buttered corn, peach cobbler	19th Beefy tater tot casserole, western spinach, roll, iced sugar cookie	20th Creamy chicken spaghetti, California blend vegetables, roll, mixed fruit cup	21st Baked chicken w/onion gravy, country green beans w/bacon & onion, rice pilaf, roll, cherry crisp	22nd Meatballs in marinara sauce over penne pasta, buttered Italian blend vegetables, garlic bread, chocolate chip cookie	23rd Breaded chicken patty on bun, sweet potato fries, Jell-O cake w/whipped topping	24th Homemade meatloaf, mashed potatoes & gravy, mixed vegetables, roll, autumn fruit crumble
25th Chicken salad sandwich, potato chips, side salad w/dressing, fruit cobbler	26th Beef soft tacos, refried beans, corn w/red peppers, homemade rice pudding	27th Fried bologna & cheese sandwich, garden pasta salad, stewed tomatoes, RC oatmeal raisin bar	28th Herb roasted chicken, creamed potatoes, seasoned green beans, carrot cake w/frosting	29th Deluxe potato ham bake, seasoned broccoli, banana pudding dessert	30th Pulled pork sandwich, French fries, cole slaw, pudding parfait	31st Fried chicken, buttered corn, baked macaroni & cheese, cornbread, assorted pies

December 2022

Always Available

Breakfast:

Assorted juices, milk, eggs your way, buttered toast, hot or cold cereal

Cold cereal choices

Care Center – Corn Flakes, Cheerios, Frosted Flakes, Raisin Bran, Rice Krispies

Senior Living – Corn Flakes, Raisin Bran, Cheerios Frosted Flakes, Fruit Loops

Lunch:

Care Center – Soup of the day, build your own deli sandwich, hamburger or cheeseburger, grilled cheese, chicken salad sandwich, chef's salad, BLT

Senior Living – Chicken tenders, build your own deli sandwich, grilled cheese, hamburger or cheeseburger, chicken salad sandwich

Sides for both – Chips, French fries

Supper:

Care Center – Soup of the day, chicken salad sandwich, build your own deli sandwich, hamburger or cheeseburger on bun, grilled cheese, chef's salad, BLT

Sides – Cottage cheese, side salad w/dressing, assorted fruits, chips/crackers, soup of the day

Senior Living – Build your own deli sandwich, hamburger or cheeseburger on bun, chicken tenders, classic grilled cheese sandwich, chicken salad sandwich

Sides – French fries, chips

Soup of the Day

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Broccoli cheddar	Chicken noodle	Taco soup	Beef & vegetable	Loaded potato	<u>Care Center</u> Cooks' choice <u>Senior Living</u> Tomato	<u>Care Center</u> Ham & beans <u>Senior Living</u> Cooks' choice