

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Egg & Cheese Casserole Banana Hot/Cold Cereal	2 Pancakes Sausage Patty Hot/Cold Cereal	3 Omelet Toast Hot/Cold Cereal	4 Cheesy Eggs Hashbrowns Toast Hot/Cold Cereal
5 Egg of Choice Breakfast Muffin Hot/Cold Cereal	6 Scrambled Eggs Bacon Toast Hot/Cold Cereal	7 Biscuit & Sausage Gravy Hot/Cold Cereal	8 Cheesy Eggs Toast Hot/Cold Cereal	9 French Toast Sausage Patty Hot/Cold Cereal	10 Scrambled Eggs Toast Banana Hot/Cold Cereal	11 Scrambled Eggs Sausage Patty Toast Hot/Cold Cereal
12 Pancakes Sausage Patty Hot/Cold Cereal	13 Scrambled Eggs Donut Hot/Cold Cereal	14 Biscuit & Sausage Gravy Hot/Cold Cereal	15 Egg & Cheese Sandwich Banana Hot/Cold Cereal	16 Fried Egg Bacon Toast Hot/Cold Cereal	17 Egg of Choice Toast Hot/Cold Cereal	18 Scrambled Eggs Banana Bread Hot/Cold Cereal
19 French Toast Sausage Patty Hot/Cold Cereal	20 Cheese Omelet Toast Hot/Cold Cereal	21 Biscuit & Sausage Gravy Hot/Cold Cereal	22 Scrambled Eggs Toast Hot/Cold Cereal	23 Egg of Choice Cinnamon Roll Hot/Cold Cereal	24 Cheesy Eggs Bacon Toast Hot/Cold Cereal	25 Fried Egg Toast Hot/Cold Cereal
26 Egg of Choice Bacon Toast Hot/Cold Cereal	27 Scrambled Eggs Cinnamon Toast Hot/Cold Cereal	28 Biscuit & Sausage Gravy Hot/Cold Cereal	29 Cheese & Egg Casserole Banana Hot/Cold Cereal	30 Pancakes Sausage Patty Hot/Cold Cereal		November Breakfast Senior Living 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
November Lunch 2023			1 Beef Stew Creamed Peas Biscuit	2 Sliced Turkey Baked Sweet Potato Green Bean Casserole	3 Salisbury Steak Mashed Potatoes & Gravy Collard Greens	4 Garlic Herb Pork Loin Stuffing Glazed Carrots	
	5 Beef Stroganoff over Noodles Italian Salad Breadstick	6 Rosemary Baked Chicken Mushroom Rice Broccoli Parmesan	7 Pork Chop Buttered Noodles Green Beans	8 Polish Sausage German Potato Salad Sauerkraut w/ Bacon	9 Baked Caesar Chicken Roasted Red Potatoes Carrots	10 Oven Baked Fish Macaroni & Tomatoes Cauliflower Au Gratin	11 Beef & Bean Chili Creamy Coleslaw Cornbread
	12 Fried Chicken Mashed Potatoes & Gravy Green Beans Cornbread	13 Spaghetti & Meat Sauce Italian Veggies Garlic Bread Stick	14 Baked Chicken Rice Pilaf Steamed Broccoli	15 Herbed Pork Roast French Style Green Beans Roasted Red Potatoes	16 Mushroom Hamburger Steak Garlic Mashed Potatoes Buttered Corn	17 Fish of the Day French Fries Coleslaw	18 Swedish Meatballs Buttered Noodles Mixed Greens
	19 Brown Sugar Glazed Ham Baked Sweet Potato Mixed Veggies	20 Chicken Pot Pie Green beans	21 Italian Pork Loin Stuffing Brussel Sprouts	22 Chicken Alfredo over Fettuccini Mixed Greens	23 Meal of Month Turkey Stuffing Mashed Sweet Potatoes Green Bean Casserole Cranberry Sauce Roll Pumpkin Pie	24 Herb Baked Fish Scalloped Potatoes Broccoli Breadstick	25 Roast Beef Baked Potato Peas & Onions
	26 Meatloaf Mashed Potatoes Mixed Veggies	27 Chicken Breast Florentine Garlic Buttered Fettuccini Salad	28 Ham Steak Cheesy Hashbrown Casserole Blackeye Peas Cornbread	29 Beef Stew Creamed Peas Biscuit	30 Sliced Roast Turkey Baked Sweet Potato Green Bean Casserole		Senior Living

Always available items are available, Cheeseburger, Hamburger, Grilled cheese, and items listed in your dining room.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
November Dinner 2023			1 BBQ Pulled Pork on Bun Chips Seasoned Black Beans	2 Stuffed Bell Peppers Bacon Ranch Pasta Salad	3 Corn Chowder Fish Sandwich Coleslaw	4 Chicken Teriyaki Lo Mein Noodles Oriental Veggies
5 Chicken & Rice Soup Stuffed Baked Potato Spinach	6 Open Faced Roast Beef Sweet potato Wedges Peas	7 Breaded Chicken Tenders French Fries Corn	8 Turkey Salad Sandwich Peas Salad	9 Residents Choice Three Meat Pizza Caesar Salad	10 Grilled Ham & Swiss Sandwich Tater Tots	11 Tortellini in Alfredo Sauce w/ Peas & Mushrooms Caesar Salad
12 Bean Soup Egg Salad Cold Plate Marinated Tomato Salad	13 Ham & Swiss Wrap Corn Chips Beet Salad	14 Sloppy Joes Tater Tots Baked Beans	15 Chicken & Dumplings Peas	16 Polish Sausage on Bun Mac & Cheese Cabbage	17 Chicken Nuggets Cheesy Mashed Potatoes Green Pea Salad	18 Open Faced Turkey Potato Wedges Steamed Carrots
19 Chili Mac Salad Cornbread	20 Grilled Turkey & Cheddar Sandwich French Freis Stewed Tomatoes	21 Beef Soft Taco Refried Beans Tomato & Onion Salad	22 Tomato Basil Soup Grilled Swiss Cheese Sandwich Coleslaw	23 Brown Sugar Glazed Ham Glazed Carrots Cornbread	24 Cheese Ravioli w/ Meat Sauce Bread Stick Breaded Zucchini	25 Baked Chicken Breast Rice Pilaf Green Beans
26 Deli Meat & Cheese Sandwich Tomato & Cucumber Salad	27 Fried Egg French Toast Sausage Patty Hashbrowns	28 Chicken Fried Steak Baked Potato Corn	29 BBQ Pulled Pork on Bun Chips Seasoned Black Beans	30 Stuffed Bell Peppers Bacon Ranch Patsa Salad		Senior Living

Alternative items are available.