

November 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast		1st Sausage Gravy Biscuit	2nd Pancakes Sausage Patty	3rd Denver Scramble Sausage Patty Toast	4th Egg of Choice Sliced Baked Ham Toast	5th Scrambled Egg Sausage Patty Biscuit
		6th Egg of Choice Sausage Patty Coffee Cake	7th Pancakes Sausage Patty	8th Sausage Gravy Biscuit	9th French Toast Bacon Toast	10th Scrambled Eggs Breakfast Ham Slice Toast
13th Egg of Choice Sausage Patty Toast	14th Blueberry Pancake Bacon	15th Sausage Gravy Biscuit	16th Egg of choice Sausage Patty Toast	17th Breakfast Casserole Toast	18th French Toast Sausage Patty	19th Waffles Sausage Patty
20th Egg of Choice Sausage Patty Breakfast Muffin	21st Scrambled Eggs Bacon Banana Bread	22nd Sausage Gravy Biscuit	23rd Egg of Choice Sausage Patty Toast	24th Pancakes Sausage Patty	25th Egg of Choice Sliced Baked Ham Raisin Toast	26th Scrambled Eggs Sausage Patty Toast
27th Scrambled Egg Sausage Patty Toast	28th Scrambled Egg Bacon Breakfast Muffin	29th Sausage Gravy Biscuit	30th Pancakes Sausage Patty	<p style="text-align: center;"><u>Always Available</u></p> <p><u>Entrée</u> – Eggs your way, buttered toast, hot or cold cereal <u>Care Center Cereal</u> – Corn Flakes, Cheerios, Frosted Flakes, Raisin Bran, Rice Krispies <u>Senior Living Cereal</u> – Corn Flakes, Raisin Bran, Cheerios, Frosted Flakes, Fruit Loops Assorted juices, milk, jelly, margarine</p>		

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lunch		1st Cheese ravioli topped w/meat sauce, green peas, roll, fresh baked cookies	2nd Penne polish sausage bake, sauerkraut, apple delight	3rd Country fried steak w/gravy, buttered noodles, mixed vegetables, roll, frosted brownie	4th Lemon baked fish, tartar sauce, buttered rice, steamed vegetables, mandarin orange fluff	5th Beef stroganoff over noodles, steamed broccoli, roll, sliced peaches
6th Honey glazed pork loin, roasted vegetables, pinto beans, frosted cake	7th Chicken & dumplings, steamed carrots, roll, fruit pie	8th Beef tips in gravy, buttered noodles, Italian blend vegetables, roll, banana pudding	9th Baked ham, au gratin potatoes, Brussel sprouts, peach cobbler	10th Garlic herbed pork loin, au gratin potatoes, steamed carrots, tropical fruit	11th Breaded fish sandwich, cheesy rice, creamed spinach, apple cobbler	12th Beef steak w/gravy, rice pilaf, vegetable blend, fruit fluff
13th Chick fried chicken breast, mashed potatoes & gravy, buttered corn, roll, apple crisp	14th Brown sugar mustard glazed smoked sausage, herb stuffing, seasoned cabbage, roll, sweet potato pie	15th Beef pot roast, glazed sweet potatoes, five-way mixed vegetables, roll, chocolate brownie	16th Smothered pork, buttered noodles, seasoned squash, roll, pumpkin bar	17th Chicken & broccoli stir-fry, steamed rice, carrots, mandarin oranges	18th Fish of the day, tartar sauce, cheesy noodles, creamy coleslaw, roll, oatmeal raisin cookie	19th Salisbury steak, mashed potatoes & gravy, steamed broccoli, roll, blueberry pie
20th Honey glazed ham, baked fresh sweet potato, parselied cauliflower, roll, cherry whip fruit salad	21st Chicken teriyaki, steamed rice, Asian vegetables, snickerdoodle bars	22nd Beef cube steak, buttered corn, stewed tomatoes, roll, bread pudding	23rd Stuffed peppers, angel hair pasta, Boston cream pie	24th <u>Care Center:</u> Turkey, baked sweet potato, stuffing, carrots, cranberry sauce, roll, pumpkin pie <u>Senior Living:</u> Turkey, dressing, sweet potatoes, green bean casserole, cranberry sauce, roll, pumpkin pie	25th Baked fish, cheesy noodles, green peas, roll, pumpkin pie	26th Beef stew, sauteed zucchini & onions, roll, brownie
27th Roast beef, carrots, potatoes & onions, roll, fruited gelatin	28th Honey glazed pork loin, roasted vegetables, scalloped potatoes, roll, frosted cake	29th Cheese ravioli topped w/meat sauce, green peas, roll, fresh baked cookies	30th Penne polish sausage bake, sauerkraut, apple delight	<u>Always Available:</u> <u>Care Center</u> – Soup of the day, build your own deli sandwich, hamburger or cheeseburger on bun, grilled cheese, chicken salad sandwich, chef’s salad, BLT sandwich <u>Senior Living</u> – Chicken tenders, build your own deli sandwich, classic grilled cheese, hamburger or cheeseburger on bun, chicken salad sandwich. Sides – Chips, French fries		
Soup of the Day						
<u>Care Center & Senior Living</u> Broccoli cheddar	<u>Care Center & Senior Living</u> Chicken noodle	<u>Care Center & Senior Living</u> Taco soup	<u>Care Center & Senior Living</u> Beef & vegetable	<u>Care Center & Senior Living</u> Loaded potato	<u>Care Center Senior Living</u> Cooks’ choice Tomato	<u>Care Center Senior Living</u> Ham & beans Cooks’ choice

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<h1>Supper</h1>		1st Fried bologna & cheese sandwich, garden pasta salad, stewed tomatoes, oatmeal raisin bar	2nd Herb roasted chicken, creamed potatoes, seasoned green beans, carrot cake w/frosting	3rd Deluxe potato ham bake, seasoned broccoli, banana pudding dessert	4th Pulled pork sandwich, French fries, coleslaw, pudding parfait	5th Fried chicken, buttered corn, baked macaroni & cheese, cornbread, assorted pies
		6th Tomato soup, grilled ham & cheese sandwich, side salad w/dressing, assorted sherbet cups	7th Reuben sandwich, dill pickle spear, crispy French fries, chocolate chip cookie	8th BBQ pork, baked beans, confetti corn, cornbread, mandarin oranges	9th Egg salad on croissant, potato chips, sliced tomatoes, caramel brownie	10th Meatloaf, mashed potatoes & gravy, garlic green beans, roll, assorted cookies
13th Hot ham & cheese sandwich, stewed tomatoes, fruit cup	14th Homemade chili, side salad w/dressing, cornbread, frosted spice cake	15th Tuan salad cold plate, potato salad, marinated vegetable salad, gooey butter bar	16th Sloppy joes on bun, pried potatoes, capri vegetables, cinnamon apple slices	17th Pizza pasta casserole, tossed salad w/dressing, garlic breadstick, pineapple cake	18th Classic patty melt, green beans, assorted ice cream	19th Chicken ala king over biscuit, mixed vegetables, fruit parfait
20th French dip beef sandwich, potato chips, buttered corn, peach cobbler	21st Beefy tater tot casserole, western spinach, roll, iced sugar cookie	22nd Creamy chicken spaghetti, California blend vegetables, roll, mixed fruit cup	23rd Baked chicken w/onion gravy, country green beans w/bacon & onion, rice pilaf, roll, cherry crisp	24th Meatballs in marinara sauce over penne pasta, buttered Italian blend vegetables, garlic bread, chocolate chip cookie	25th Breaded chicken patty on bun, sweet potato fries, Jell-O cake w/whipped topping	26th Homemade meatloaf, mashed potatoes & gravy, mixed vegetables, roll, autumn fruit crumble
27th Chicken salad sandwich, potato chips, side salad w/dressing, fruit cobbler	28th Beef soft tacos, refried beans, corn w/red peppers, homemade rice pudding	29th Fried bologna & cheese sandwich, garden pasta salad, stewed tomatoes, oatmeal raisin bar	30th Herb roasted chicken, creamed potatoes, seasoned green beans, carrot cake w/frosting	<u>Always Available:</u> <u>Care Center</u> - Soup of the day, chicken salad sandwich, build your own deli sandwich, hamburger or cheeseburger on bun, grilled cheese, chef's salad, BLT sandwich. Sides – Cottage cheese, side salad w/dressing, assorted fruits, chips/crackers, soup of the day. <u>Senior Living</u> – Build your own deli sandwich, hamburger or cheeseburger on bun, chicken tenders, classic grilled cheese sandwich, chicken salad sandwich. Sides – French fries, chips.		
Soup of the Day						
<u>Care Center & Senior Living</u> Broccoli cheddar	<u>Care Center & Senior Living</u> Chicken noodle	<u>Care Center & Senior Living</u> Taco soup	<u>Care Center & Senior Living</u> Beef & vegetable	<u>Care Center & Senior Living</u> Loaded potato	<u>Care Center</u> Cooks' choice <u>Senior Living</u> Tomato	<u>Care Center</u> Ham & beans <u>Senior Living</u> Cooks' choice