

Sun	Mon	Tue	Wed	Thu	Fri	Sat
September Breakfast 2023 Senior Living					1 Cheesy Eggs Sausage Patty Raisin Toast Hot/Cold Cereal	2 Scrambled Eggs Sausage Patty Toast Hot/Cold Cereal
3 French Toast Sausage Patty Hot/Cold Cereal	4 Egg of Choice Hashbrowns Toast Hot/Cold Cereal	5 Biscuit & Sausage Gravy Hot/Cold Cereal	6 Pancakes Sausage Patty Hot/Cold Cereal	7 Sausage, Egg & Cheese Croissant Fruit Cup Hot/Cold Cereal	8 Scrambled Eggs Bacon Breakfast Muffin Hot/Cold Cereal	9 Scrambled Eggs Bacon Toast Hot/Cold Cereal
10 Scrambled Eggs Sausage Patty Donut Hot/Cold Cereal	11 Pancake Sausage Patty Hot/Cold Cereal	12 Biscuit & Sausage Gravy Hot/Cold Cereal	13 Scrambled Egg Ham Toast Hot/Cold Cereal	14 French Toast Sausage Patty Hot/Cold Cereal	15 Cheese Omelet Bacon Cinnamon Toast Hot/Cold Cereal	16 Scrambled Eggs Bacon English Muffin Hot/Cold Cereal
17 French Toast Sausage Patty Hot/Cold Cereal	18 Scrambled Eggs Bacon Toast Hot/Cold Cereal	19 Biscuit & Sausage Gravy Hot/Cold Cereal	20 Scrambled Egg Bacon Breakfast Muffin Hot/Cold Cereal	21 Egg of Choice Sausage Patty Coffee Cake Hot/Cold Cereal	22 Bacon Egg & Cheese Sandwich Mixed Fruit Hot/Cold Cereal	23 Fried Egg Bacon Bagel Hot/Cold Cereal
24 Cheese Omelet Bacon Cinnamon Roll	25 Western Egg Bake Hash Browns Hot/Cold Cereal	26 Biscuit & Sausage Gravy Hot/Cold Cereal	27 Scrambled Egg Bacon Breakfast Muffin Hot/Cold Cereal	28 Pancakes Sausage Patty Hot/Cold Cereal	29 Cheesy Eggs Sausage Patty Raisin Toast Hot/Cold Cereal	30 Scrambled Eggs Sausage Patty Toast Hot/Cold Cereal

Sun	Mon	Tue	Wed	Thu	Fri	Sat
September Lunch 2023	Senior Living				1 BBQ Pork Ribette Sandwich Cheesy Bowtie Pasta Dixie coleslaw	2 Spaghetti & Meat Sauce Broccoli Garlic Toast
3 Parmesan Crusted Chicken Roasted Potatoes Green Bean Casserole	4 Brown Sugar Mustard Smoked Sausage Mac & Cheese Cabbage	5 Beef Tips & Mushrooms Brown Rice Broccoli	6 Lasagna Garlic Green Beans Salad Breadstick	7 Roast Turkey Mashed Sweet Potatoes Peas & Onions Dinner Roll	8 Fried Fish French Fries Mandarin Cole Slaw	9 Buttermilk Ranch Chicken Baked Beans Country Green Beans Dinner Roll
10 Pulled Pork Sandwich Cheesy Hashbrown Casserole Cauliflower w/ Parsley	11 Cheddar Baked Chicken Baby Bakers Spinach	12 BBQ Pork Riblette Garlic Buttered Fettuccini Carrots	13 Salisbury Steak Loaded Baked Potato Carrots Dinner Roll	14 Aloha Chicken Baked Sweet Potato Peas	15 Baked Fish Macaroni & Tomatoes Breaded Okra Roll	16 Roast Beef Lyonnais Potatoes Broccoli Dinner Roll
17 Fried Chicken Mashed Potatoes Country Green Beans Cheese Herb Biscuit	18 Salisbury Steak Buttered Noodles Peas	19 Chicken & Dumplings Candied Carrots Dinner Roll	20 Meatloaf Loaded Mashed Potatoes Corn Dinner Roll	21 Baked Breaded Pork Chop Baked Sweet Potato Mixed Veggies Roll	22 Fried Catfish Macaroni & Cheese Peas & Carrots Hushpuppies	23 Baked Ham Au Gratin Potatoes Broccoli & Cauliflower Corn Bread
24 Pot Roast w/ Gravy Roasted Carrots, Onions, Potatoes, Dinner Roll	25 Ham & Beans Seasoned Spinach Cornbread	26 Beef Taco Spanish Rice Chuckwagon Corn	27 Meatloaf Loaded Mashed Potatoes Corn Dinner Roll	28 Grilled Hot dogs and Brats Baked Beans Potato Salad Ice Cream Sundae	29 BBQ Pork Ribette Sandwich Cheesy Bowtie Pasta Dixie coleslaw	30 Spaghetti & Meat Sauce Broccoli Garlic Toast

Always available items are available, Cheeseburger, Hamburger, Grilled cheese, and items listed in your dining room.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
September Dinner 2023 Senior Living					1 Grilled Ham & Cheese Sandwich Ranch Veggie Salad Chips	2 Chili Crackers Onion Petals
3 Classic Patty Melt Onion Rings	4 Cream of Tomato Soup Grilled Cheese Sandwich Three Bean Salad	5 Chicken Tenders Tater Tots Marinated Tomato Salad	6 Ham & Cheese Sliders Potato Salad Pickled Beets	7 Italian Beef Buttered Noodles Salad	8 Honey Mustard Pork Chop Cheddar Mashed Potatoes Buttered Carrots Dinner Roll	9 Cheese Tortellini & Red Sauce Italian Blend Veggies Garlic Bread Stick
10 Polish Sausage Herb Roasted Potatoes Sauerkraut	11 Meatball Sub Tater Tots Creamy Coleslaw	12 Baked Ziti Caesar Salad Calli Blend Veggies	13 Bacon Cheeseburger Fries Cucumber & Tomato Salad	14 Stuffed Peppers Over rice Salad	15 Open Faced Turkey Sandwich Mashed Potatoes Parmesan Baked Zucchini	16 Sweet & Sour Chicken Steamed Rice Oriental Veggies
17 BLT Sandwich Chips Marinated Cucumber & Onion Salad	18 BBQ Pulled Pork on Bun Cole Slaw Pickles & Onions	19 Cheese Ravioli W/ Meat Sauce Roasted Zucchini Italian Salad Garlic Bread	20 Classic Club Sandwich Parmesan Roasted Potato Skins Pasta Salad	21 Open Faced Chicken Cordon Bleu Green Beans Tossed Salad Dinner Roll	22 BBQ Meatballs Potato Salad Spinach & Bacon Salad	23 Turkey & Swiss Cheese Sandwich Chips Pea Salad
24 Chicken Salad Cold Plate Crackers Pasta Salad Cucumber & Tomato Salad	25 Cheeseburger on Bun Fries Peas Salad	26 Sloppy Joe Coleslaw Tater Tots	27 Beef pepper Steak Baked Potato Veggie Medley Roll	28 Sliced Turkey Cornbread Dressing Candied Yams Dinner Roll	29 Grilled Ham & Cheese Sandwich Ranch Veggie Salad Chips	30 Chili Crackers Onion Petals

Alternative items are available.