

## Senior Living Activities September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1<sup>st</sup></b> 9am Sing-Along 10am Exercise Class 1pm Local Shopping 2pm Movie 3pm Domino's	<b>2<sup>nd</sup></b> 9am Bridge Club 10am Exercise Health Talk 1pm Blood Pressure Checks 2pm Ice Cream Social 3pm Debong	<b>3<sup>rd</sup></b>
<b>4<sup>th</sup></b> 7pm Eden Church	<b>5<sup>th</sup></b> <b>Labor Day</b>	<b>6<sup>th</sup></b> 9am Wii Bowling 10am Exercise Class 11am Lunch at Blue Springs 2pm Bingo 3pm Wheel of Fortune 6pm IWO Meeting	<b>7<sup>th</sup></b> 9:30 Coffee Social 10:30 Exercise Class 2pm Fall Crafts 3pm Scattergories	<b>8<sup>th</sup></b> 9am Sing-Along 10am Exercise Class 1pm Local Shopping 1:30 Eden Bible Study 2pm Uno 3pm Bunco	<b>9<sup>th</sup></b> 9am Bridge Club 10am Exercise Class 1pm Blood Pressure Checks 2pm Ladies Club 3pm Bingo	<b>10<sup>th</sup></b> 10am Boy Scout Flag Ceremony
<b>11<sup>th</sup></b> <b>Grandparents Day</b> 7pm Hymn Service	<b>12<sup>th</sup></b> 9am American President Series 10am Exercise Class 2pm Bingo 3pm Wheel of Fortune	<b>13<sup>th</sup></b> 9am Wii Bowling 10am Exercise Class 11am September Birthday Luncheon 1pm Dollar Tree 2:30 Suites & Lofts Town Hall	<b>14<sup>th</sup></b> 9:30 Coffee Social 10:30 Exercise Class 1:30 Fabulous Nails 2pm History Museum Presentation 3pm Yahtzee	<b>15<sup>th</sup></b> 9:30 St. Clair Square Mall Trip 10am Exercise Class 1pm Local Shopping 2pm 1 <sup>st</sup> Presbyterian Church 3pm Uno	<b>16<sup>th</sup></b> 9am Bridge Club 10am Exercise Class 10:30 Lunch at Olive Garden 1pm Blood Pressure Checks 2pm Music w/Tommy 3pm Bingo	<b>17<sup>th</sup></b>
<b>18<sup>th</sup></b>	<b>19<sup>th</sup></b> 9am Historical Society Speaker Series 10am Exercise Class 2pm Bingo 3pm Wheel of Fortune	<b>20<sup>th</sup></b> 9am Wii Bowling 10am Exercise Class 10:30 Lunch at Hodak's 2:30 Goodwill Trip 3pm Garden Homes Town Hall	<b>21<sup>st</sup></b> 9:30 Coffee Social 10:30 Exercise Class 2pm Memorial Service 3pm Bunco	<b>22<sup>nd</sup></b> <b>Autumn Begins</b> 9am Sing-Along 10am Exercise Class 1pm Local Shopping 1:30 Eden Bible Study 2pm Movie 3pm Domino's	<b>23<sup>rd</sup></b> 9am Bridge Club 10am Exercise Class 1pm Blood Pressure Checks 2pm Scattergories 3pm Happy Hour	<b>24<sup>th</sup></b>
<b>25<sup>th</sup></b> 7pm New Bethel Methodist Church Services	<b>26<sup>th</sup></b> 9am American President Series 10am Exercise Class 2pm Bingo 3pm Wheel of Fortune	<b>27<sup>th</sup></b> 9am Wii Bowling 10am Exercise Class 11am Lunch at Eckert's & Country Store Shopping 3pm Uno	<b>28<sup>th</sup></b> 9:30 Coffee Social 10:30 Exercise Class 1:30 Fabulous Nails 2:30 Build Scarecrow for Annual Festival	<b>29<sup>th</sup></b> 9am Sing-Along 10am Exercise Class 1pm Local Shopping 2pm Halloween Craft 3pm Debong	<b>30<sup>th</sup></b> 9am Bridge Club 10am Exercise Class 1pm Blood Pressure Checks 2pm Music w/Larry 3pm Bingo	