

Senior Living Menu May 2023

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|--|--|--|---|
| Breakfast | 1st Scrambled eggs, bacon, toast | 2nd Sausage gravy, biscuit | 3rd Scrambled eggs, bacon, breakfast muffin | 4th Egg of choice, sausage patty, coffee cake | 5th Bacon, egg & cheese sandwich, mixed fruit cup | 6th Scrambled eggs, sausage patty, toast |
| 7th Cheese omelet, bacon, cinnamon roll | 8th Western egg bake, hashbrowns | 9th Sausage gravy, biscuit | 10th Scrambled eggs, sausage patty, toast | 11th Sausage patty, pancakes | 12th Cheesy eggs, sausage patty, raisin toast | 13th Scrambled eggs, bacon, toast |
| 14th Sausage patty, French toast | 15th Egg of choice, hashbrowns, toast | 16th Sausage gravy, biscuit | 17th Pancakes, sausage patty | 18th Sausage, egg & cheese croissant, fruit cup | 19th Scrambled eggs, bacon, breakfast muffin | 20th Scrambled eggs, bacon, English muffin |
| 21st Scrambled eggs, sausage patty, donut | 22nd Sausage patty, pancakes | 23rd Biscuit, sausage gravy | 24th Scrambled eggs, breakfast ham slice, toast | 25th Sausage patty, French toast | 26th Cheese omelet, bacon, cinnamon | 27th Fried egg, bacon, bagel |
| 28th Sausage patty, French toast | 29th Scrambled eggs, bacon, toast | 30th Sausage gravy, biscuit | 31st Scrambled eggs, bacon, breakfast muffin | | | |

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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
|--------------|--|--|---|---|---|--|---|
| Lunch | 1st Salisbury steak, buttered egg noodles, green peas | 2nd Chicken & dumplings, candied carrots, roll | 3rd Meatloaf, loaded mashed potatoes, buttered corn, roll | 4th Baked breaded pork chop, baked sweet potato, mixed veg, roll | 5th Fired catfish, mac 'n cheese, stewed tomatoes, hush puppies | 6th Baked ham, au gratin potatoes, broccoli cauliflower blend, cornbread | |
| | 7th Pot roast, gravy, roasted carrots, potatoes & onions, roll | 8th Ham & beans, seasoned spinach, cornbread | 9th Beef soft taco, Spanish rice, chuckwagon corn | 10th Creamy chicken spaghetti, baby carrots | 11th Parmesan crusted chicken, roasted potatoes, green bean casserole | 12th Baked fish, breaded fish fillet, cheesy bowtie pasta, dixie coleslaw | 13th Spaghetti w/meat sauce, broccoli, garlic toast |
| | 14th Chicken wellington, baked potato, roasted veg, strawberry shortcake | 15th Brown sugar mustard glazed smoked sausage, mac 'n cheese, buttered cabbage | 16th Beef tips & mushrooms, brown rice, broccoli | 17th Lasagna, garlic green beans, tossed salad/dressing, breadstick | 18th Roast turkey, mashed sweet potatoes, roll | 19th Fried fish, French fries, mandarin coleslaw | 20th BBQ chicken, baked beans, country green beans w/bacon & onion, roll |
| | 21st Pulled pork sandwich, cheesy hashbrown casserole, cauliflower w/parsley | 22nd Cheddar baked chicken, baby bakers, spinach, bacon & onion | 23rd BBQ pork riblette, garlic buttered fettuccini, buttered carrots | 24th Salisbury steak, loaded baked potato, confetti corn, roll | 25th Aloha chicken, baked fresh sweet potato, buttered peas | 26th Baked fish, macaroni & tomatoes, breaded okra, roll | 27th Roast beef, lyonnaise potatoes, buttered broccoli, roll |
| | 28th Fried chicken, mashed potatoes & gravy, country green beans w/bacon & onion, cheese herb biscuit | 29th BBQ chicken, potato salad, baked beans, apple pie | 30th Chicken & dumplings, candied carrots, roll | 31st Meatloaf, loaded mashed potatoes, buttered corn, roll | | | |

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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
|---------------|--|--|---|---|--|--|---|
| Dinner | 1st BBQ pulled pork on bun, pickles & onions, coleslaw | 2nd Cheese ravioli w/meat sauce, roasted parmesan zucchini, Italian tossed salad garlic breadstick | 3rd Classic club sandwich, pasta salad | 4th Open faced chicken cordon bleu, green beans, tossed salad/dressing, roll | 5th BBQ meatballs, potato salad, spinach & bacon salad | 6th Turkey & Swiss sandwich, potato chips, green pea salad | |
| | 7th Chicken salad sandwich, pasta salad, cucumber, tomato & onion salad | 8th Cheeseburger on bun, French fries, green pea salad | 9th Sloppy joe, crispy tater tots | 10th Beef pepper steak, baked potato, vegetable medley, roll | 11th Sliced roast turkey, gravy, cornbread dressing, candied yams, roll | 12th Grilled ham & cheese sandwich, ranch vegetable salad, chips | 13th Chili, cornbread |
| | 14th Classic patty melt, onion rings | 15th Homemade cream of tomato soup, grilled cheese sandwich, three bean salad | 16th Chicken tenders, dipping sauce, tater tots, marinated tomato salad | 17th Ham & cheese sliders, potato salad, pickled beets | 18th Italian beef, buttered egg noodles, tossed salad/dressing | 19th Honey mustard baked pork chop, cheddar mashed potatoes, buttered carrots, roll | 20th Cheese tortellini in red sauce, Italian blend vegetables, garlic breadstick |
| | 21st Polish sausage, herb roasted potatoes, sauerkraut | 22nd Meatball sub, tater tots, creamy coleslaw | 23rd baked ziti, Caesar salad, California blend vegetables | 24th Bacon cheeseburger bun, crispy French fries, cucumber & tomato salad | 25th Stuffed bell pepper, garlic red roasted potatoes | 26th Open faced turkey sandwich, gravy, mashed potatoes, parmesan, baked zucchini | 27th Sweet & sour chicken, steamed rice, oriental vegetables |
| | 28th BLT sandwich, potato chips, marinated cucumber & onions | 29th BBQ pulled pork on bun, pickles & onions, coleslaw | 30th Cheese ravioli w/meat sauce, roasted parmesan zucchini, Italian tossed salad, garlic breadstick | 31st Classic club sandwich, pasta salad | | | |
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