

Care Center Menu May 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	1st Scrambled eggs, bacon, toast	2nd Sausage gravy, biscuit	3rd Scrambled eggs, bacon, breakfast muffin	4th Egg of choice, sausage patty, coffee cake	5th Bacon, egg & cheese sandwich, mixed fruit cup	6th Scrambled eggs, sausage patty, toast
7th Cheese omelet, bacon, cinnamon roll	8th Western egg bake, hashbrowns	9th Sausage gravy, biscuit	10th Scrambled eggs, sausage patty, toast	11th Sausage patty, pancakes	12th Cheesy eggs, sausage patty, raisin toast	13th Scrambled eggs, bacon, toast
14th Sausage patty, French toast	15th Egg of choice, hashbrowns, toast	16th Sausage gravy, biscuit	17th Pancakes, sausage patty	18th Sausage, egg & cheese croissant, fruit cup	19th Scrambled eggs, bacon, breakfast muffin	20th Scrambled eggs, bacon, English muffin
21st Scrambled eggs, sausage patty, donut	22nd Sausage patty, pancakes	23rd Biscuit, sausage gravy	24th Scrambled eggs, breakfast ham slice, toast	25th Sausage patty, French toast	26th Cheese omelet, bacon, cinnamon	27th Fried egg, bacon, bagel
28th Sausage patty, French toast	29th Scrambled eggs, bacon, toast	30th Sausage gravy, biscuit	31st Scrambled eggs, bacon, breakfast muffin			

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Lunch	1st Salisbury steak, buttered egg noodles, green peas, seasonal fresh fruit, breadstick	2nd Greek marinated chicken, herbed rice, candied carrots, pineapple crisp, roll	3rd Meatloaf, loaded mashed potatoes, buttered corn, frosted agnel food cake, roll	4th Herb roasted pork loin, gravy, baked sweet potato, mixed vegetables, chocolate layer dessert, roll	5th Oven fried fish, mac 'n cheese, stewed tomatoes, fresh fruit cup, hush puppies	6th Baked ham, au gratin potatoes, broccoli cauliflower blend, frosted sprinkle cake, cornbread	
	7th Pot roast, gravy, roasted carrots, potatoes & onions, cheesecake pie, roll	8th Herb roasted chicken, creamy noodles, Brussel sprouts, strawberry shortcake, roll	9th Pork chop w/gravy, baked potato, vegetable medley, rice Krispie bar, roll	10th Beef soft taco, Spanish rice, chuckwagon corn, cinnamon baked apples	11th Parmesan crusted chicken, roasted potatoes, green bean casserole, chocolate cream pie	12th Breaded fish fillet, cheesy bowtie pasta, dixie coleslaw, fruit cocktail w/whipped topping, marble rye bread	13th Spaghetti w/meat sauce, broccoli, frosted vanilla cake, garlic toast
	14th Lasagna, fresh salad, strawberry shortcake	15th Brown sugar mustard glazed smoked sausage, mac 'n cheese, buttered cabbage, strawberry crumble	16th Beef tips & mushrooms, steamed rice, broccoli, melon cubes, roll	17th Salisbury steak, buttered egg noodles, green peas, fresh fruit, breadstick	18th Roast turkey, mashed sweet potatoes, green peas w/sauteed onions, lemon cream cake, roll	19th Fish & cheese sandwich, French fries, mandarin coleslaw, frosted gelatin poke cake	20th BBQ chicken, herb stuffing, country green beans w/bacon & onion, watermelon, roll
	21st Pulled pork sandwich, cheesy hashbrown casserole, cauliflower w/parsley, banana split cake	22nd Cheddar baked chicken, baby bakers, spinach, bacon & onion, creamy orange cake	23rd Pork piccata, garlic buttered fettuccini, buttered carrots, seasonal fresh fruit, roll	24th Salisbury steak, loaded baked potato, confetti corn, blueberry crumble bar, roll	25th Aloha chicken, rice pilaf, buttered peas, mixed fruit cup	26th Fish of the day, macaroni & tomatoes, breaded okra, mandarin oranges & bananas, roll	27th Roast beef, lyonnaise potatoes, buttered broccoli, peanut butter pie, roll
	28th Fried chicken, mashed potatoes & gravy, country green beans w/bacon & onion, peach cobbler, cheese herb biscuit	29th BBQ pork steak, baked potato, baked beans, apple pie	30th Greek marinated chicken, herbed rice, candied carrots, pineapple crisp, roll	31st Meatloaf, loaded mashed potatoes, buttered corn, frosted angel food cake, roll			

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Dinner	1st BBQ pulled pork on bun, pickles & onions, coleslaw, caramel pear pudding	2nd Cheese ravioli w/meat sauce, roasted parmesan zucchini, Italian tossed salad, country apple dessert, garlic breadstick	3rd Tuna salad cold plate, pasta salad, sliced pears, crackers	4th Open faced chicken cordon blue, green beans, tossed salad/dressing, strawberry pretzel dessert, roll	5th BBQ meatballs, potato salad, spinach & bacon salad, gooey butter cookies	6th Turkey & Swiss cheese sandwich, potato chips, green pea salad, ambrosia
7th Chicken salad cold plate, crackers, pasta salad, cucumber, tomato & onion salad, peaches & cream	8th Cheeseburger on bun, French fries, green pea salad, pudding parfait	9th BLT sandwich, tossed salad/dressing, cottage cheese, fresh fruit cup	10th Ham & beans, seasoned spinach, fruit cobbler, cornbread	11th Sliced roast turkey, gravy, cornbread dressing, candied yams, fruit crisp, roll	12th Grilled ham & cheese sandwich, ranch vegetable salad, chips, ice cream w/fruit	13th Chili, crackers, chef's salad, salad dressing, fruited gelatin
14th Beef & macaroni, buttered peas, rosy pears, garlic breadstick	15th Homemade cream of tomato soup, grilled cheese, three bean salad, snickerdoodle blondie bars	16th Chicken tenders, tater tots, marinated tomato salad, frosted vanilla cake	17th Ham & cheese sliders, potato salad, pickled beets, apple pie ala mode	18th Italian beef, buttered egg noodles, tossed salad/dressing, cream cheese brownie	19th Honey mustard baked pork chop, cheddar mashed potatoes, buttered carrots, tropical fruit w/whipped topping roll	20th Cheese tortellini in red sauce, Italian blend vegetables, blueberry crisp, garlic breadstick
21st Tuna salad cold plate, crackers, rice pilaf, marinated green bean salad, crushed pineapple	22nd Meatball sub, tater tots, creamy coleslaw, fruited gelatin w/topping	23rd Baked ziti, Caesar salad, California blend vegetables, cheesecake	24th Deli meat & cheese sandwich, potato chips, cucumber & tomato salad, banana pudding	25th Unstuffed peppers over steamed rice, tossed salad/dressing, garlic breadstick, chocolate chip cookies	26th Open faced turkey sandwich, gravy, mashed potatoes, parmesan baked zucchini, carrot cake	27th Sweet & sour chicken, steamed rice, oriental vegetables, mixed berry cobbler
28th Egg salad sandwich, potato chips, marinated cucumber & onions, ice cream sundae	29th BBQ pulled pork on bun, pickles & onions, coleslaw, caramel pear pudding	30th Cheese ravioli w/meat sauce, roasted parmesan zucchini, Italian tossed salad, country apple dessert, garlic breadstick	31st Tuna salad cold plate, pasta salad, sliced pears, crackers			