

Care Center Menu for March 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast			1st Choice of hot or cold cereal, French toast, bacon, toast	2nd Choice of hot or cold cereal, scrambled eggs, breakfast ham slice, toast	3rd Choice of hot or cold cereal, egg of choice, sausage patty, toast	4th Choice of hot or cold cereal, waffles, sausage patty
5th Choice of hot or cold cereal, egg of choice, sausage patty, toast	6th Choice of hot or cold cereal, blueberry pancake, bacon	7th Choice of hot or cold cereal, sausage gravy, biscuit	8th Choice of hot or cold cereal, egg of choice, sausage patty, toast	9th Choice of hot or cold cereal, breakfast casserole, toast	10th Choice of hot or cold cereal, French toast, sausage patty	11th Choice of hot or cold cereal, waffles, sausage patty
12th Choice of hot or cold cereal, egg of choice, sausage patty, breakfast muffin	13th Choice of hot or cold cereal, scrambled eggs, bacon, banana bread	14th Choice of hot or cold cereal, sausage gravy, biscuit	15th Choice of hot or cold cereal, egg of choice, sausage patty, toast	16th Choice of hot or cold cereal, pancakes, sausage patty	17th Choice of hot or cold cereal, egg of choice, sliced baked ham, raisin toast	18th Choice of hot or cold cereal, scrambled eggs, sausage patty, toast
19th Choice of hot or cold cereal, scrambled egg, sausage patty, toast	20th Choice of hot or cold cereal, scrambled egg, bacon, breakfast muffin	21st Choice of hot or cold cereal, sausage gravy, biscuit	22nd Choice of hot or cold cereal, pancakes, sausage patty	23rd Choice of hot or cold cereal, Denver scramble, sausage patty, toast	24th Choice of hot or cold cereal, egg of choice, sliced baked ham, toast	25th Choice of hot or cold cereal, scrambled egg, sausage patty, biscuit
26th Choice of hot or cold cereal, egg of choice, sausage patty, coffee cake	27th Choice of hot or cold cereal, pancakes, sausage patty	28th Choice of hot or cold cereal, sausage gravy, biscuit	29th Choice of hot or cold cereal, French toast, bacon, toast	30th Choice of hot or cold cereal, scrambled eggs, breakfast ham slice, toast	31st Choice of hot or cold cereal, egg of choice, sausage patty, toast	

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lunch			1st Baked ham, au gratin potatoes, Brussel sprouts, peach cobbler	2nd Chicken cordon bleu, roasted potatoes, glazed carrots	3rd Breaded fish sandwich, cheesy rice, creamed spinach, apple cobbler	4th Beef steak with gravy, rice pilaf, vegetable blend, fruit fluff
5th Chicken fried chicken breast, mashed potatoes & gravy, buttered corn, roll, apple crisp	6th Brown sugar mustard glazed smoked sausage, roasted redskin potatoes, seasoned cabbage, roll, sweet potato pie	7th Beef pot roast, glazed sweet potatoes, five way mixed vegetables, roll, chocolate brownie	8th Smothered pork, buttered noodles, seasoned squash, roll, pumpkin bar	9th Chicken & broccoli stir fry, steamed rice, carrots, mandarin oranges	10th Fish of the day, tartar sauce, cheesy noodles, creamy coleslaw, roll, oatmeal raisin cookie	11th Salisbury steak, mashed potatoes & gravy, steamed broccoli, roll, blueberry pie
12th Honey glazed ham, baked fresh sweet potato, parslid cauliflower, roll, cherry whip fruit salad	13th Chicken teriyaki, steamed rice, Asian vegetables, snickerdoodle bars	14th Hamburger or cheeseburger, crispy French fries, coleslaw, roll, assorted ice cream	15th Stuffed peppers, angel hair pasta, Boston cream pie	16th Garlic herbed pork loin, au gratin potatoes, steamed carrots, tropical fruit	17th Corned beef and cabbage, roasted potatoes, rye bread, green Jell-O poke cake	18th Beef stew, sauteed zucchini & onions, roll, brownie
19th Roast beef, braised carrots, potatoes, onions, roll, fruited gelatin	20th Honey glazed pork loin, roasted vegetables, scalloped potatoes, roll, frosted cake	21st Cheese ravioli topped with meat sauce, green peas, roll, fresh baked cookies	22nd Penne polish sausage bake, sauerkraut, apple delight	23rd Country fried steak with gravy, buttered noodles, mixed vegetables, roll, frosted brownie	24th Lemon baked fish, tartar sauce, buttered rice, steamed vegetables, mandarin orange fluff	25th Beef stroganoff over noodles, steamed broccoli, roll, sliced peaches
26th Honey glazed pork loin, roasted vegetables, pinto beans, frosted cake	27th Chicken & dumplings, steamed carrots, roll, fruit pie	28th Beef tips in gravy, buttered noodles, Italian blend vegetables, roll, banana pudding	29th Baked ham, au gratin potatoes, Brussel sprouts, peach cobbler	30th Grilled lemon pepper salmon, baked potato, small salad	31st Hamburger or cheeseburger, French fries, coleslaw	

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Dinner			1st Egg salad on croissant, potato chips, sliced tomatoes, caramel brownie	2nd Meatloaf, mashed potatoes & gravy, garlic green beans, roll, assorted cookies	3rd Pizza, Caesar salad, garlic breadstick, ice cream	4th Macaroni & cheese with diced ham, broccoli, roll, fruit shortcake
5th Tomato soup, hot ham & cheese sandwich, chips, fruit cup	6th Homemade chili, side salad with dressing, cornbread, frosted spice cake	7th Tuna salad cold plate, potato salad, marinated vegetable salad, gooey butter bar	8th Sloppy joes on bun, fried potatoes, capri vegetables, cinnamon apple slices	9th Pizza pasta casserole, tossed salad with dressing, garlic breadstick, pineapple cake	10th Classic patty melt, green beans, assorted ice cream	11th Chicken ala king over biscuit, mixed vegetables, fruit parfait
12th French dip beef sandwich, potato chips, buttered corn, peach cobbler	13th BLT sandwich, chips, side salad with dressing, roll, iced sugar cookie	14th Creamy chicken spaghetti, California blend vegetables, roll, mixed fruit cup	15th Baked chicken with onion gravy, country green beans with bacon & onion, rice pilaf, roll, cherry crisp	16th Meatballs in marinara sauce over penne pasta, buttered Italian blend vegetables, garlic bread, chocolate chip cookie	17th Breaded chicken patty on bun, sweet potato fries, Jell-o cake with whipped topping	18th Homemade meatloaf, mashed potatoes & gravy, mixed vegetables, roll, autumn fruit crumble
19th Chicken salad sandwich, potato chips, side salad with dressing, fruit cobbler	20th Beef soft tacos, refried beans, corn with red peppers, homemade rice pudding	21st Fried bologna & cheese sandwich, garden pasta salad, stewed tomatoes, oatmeal raisin bar	22nd Herb roasted chicken, creamed potatoes, seasoned green beans, carrot cake with frosting	23rd Deluxe potato ham bake, seasoned broccoli, banana pudding dessert	24th Pulled pork sandwich, French fries, coleslaw, pudding parfait	25th Fried chicken, buttered corn, baked macaroni & cheese, cornbread, assorted pies
26th Tomato soup, grilled ham & cheese sandwich, side salad with dressing, assorted sherbet cups	27th Reuben sandwich, crispy French fries, chocolate chip cookie	28th BBQ pork, baked beans, confetti corn, cornbread, mandarin oranges	29th Egg salad on croissant, potato chips, sliced tomatoes, caramel brownie	30th Meatloaf, mashed potatoes & gravy, garlic green beans, roll, assorted cookies	31st Pizza, Caesar salad, garlic breadstick, ice cream	