

Care Center Menus February 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast			1st French toast, bacon, toast, choice of hot or cold cereal	2nd Scrambled eggs, breakfast ham slice, toast, choice of hot or cold cereal	3rd Egg of choice, sausage patty, toast, choice of hot or cold cereal	4th Waffles, sausage patty, choice of hot or cold cereal
5th Egg of choice, sausage patty, toast choice of hot or cold cereal	6th Blueberry pancake, bacon, choice of hot or cold cereal	7th Sausage gravy, biscuit, choice of hot or cold cereal	8th Egg of choice, sausage patty, toast, choice of hot or cold cereal	9th Breakfast casserole, toast, choice of hot or cold cereal	10th French toast, sausage patty, choice of hot or cold cereal	11th Waffles, sausage patty, choice of hot or cold cereal
12th Egg of choice, sausage patty, breakfast muffin, choice of hot or cold cereal	13th Scrambled eggs, bacon, banana bread, choice of hot or cold cereal	14th Sausage gravy, biscuit, choice of hot or cold cereal	15th Egg of choice, sausage patty, toast, choice of hot or cold cereal	16th Pancakes, sausage patty, choice of hot or cold cereal	17th Egg of choice, sliced baked ham, raisin toast, choice of hot or cold cereal	18th Scrambled eggs, sausage patty, toast, choice of hot or cold cereal
19th Scrambled egg, sausage patty, toast, choice of hot or cold cereal	20th Scrambled egg, bacon, breakfast muffin, choice of hot or cold cereal	21st Sausage gravy, biscuit, choice of hot or cold cereal	22nd Pancakes, sausage patty, choice of hot or cold cereal	23rd Denver scramble, sausage patty, toast, choice of hot or cold cereal	24th Egg of choice, sliced baked ham, toast, choice of hot or cold cereal	25th Scrambled egg, sausage patty, biscuit, choice of hot or cold cereal
26th Egg of choice, sausage patty, coffee cake, choice of hot or cold cereal	27th Pancakes, sausage patty, choice of hot or cold cereal	28th Sausage gravy, biscuit, choice of hot or cold cereal				

Care Center Menus February 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lunch			1st Baked ham, au gratin potatoes, Brussel sprouts, peach cobbler	2nd Hamburger or cheeseburger, French fries, coleslaw, roll, assorted ice cream	3rd Breaded fish sandwich, cheesy rice, creamed spinach, apple cobbler	4th Beef steak w/gravy, rice pilaf, vegetable blend, fruit fluff
5th Chicken fried chicken breast, mashed potatoes & gravy, buttered corn, roll, apple crisp	6th Brown sugar mustard glazed smoked sausage, roasted redskin potatoes, seasoned cabbage, roll, sweet potato pie	7th Beef pot roast, glazed sweet potatoes, five way mixed vegetables, roll, chocolate brownie	8th Smothered pork, buttered noodles, seasoned squash, roll, pumpkin bar	9th Chicken & broccoli stir fry, steamed rice, carrots, mandarin oranges	10th Fish of the day, tartar sauce, cheesy noodles, creamy coleslaw, roll, oatmeal raisin cookie	11th Salisbury steak, mashed potatoes & gravy, steamed broccoli, roll, blueberry pie
12th Honey glazed ham, baked sweet potato, parslied cauliflower, roll, cherry whip fruit salad	13th Chicken teriyaki, steamed rice, Asian vegetables, snickerdoodle bars	14th Nachos w/beef, refried beans, chocolate cake	15th Stuffed peppers, angel hair pasta, Boston cream pie	16th Garlic herbed pork loin, au gratin potatoes, steamed carrots, tropical fruit	17th Baked fish, cheesy noodles, green peas, roll, pumpkin pie	18th Beef stew, sauteed zucchini & onions, roll, brownie
19th Roast beef, braised carrots, potatoes & onions, roll, fruited gelatin	20th Honey glazed pork loin, roasted vegetables, scalloped potatoes, roll, frosted cake	21st Cheese ravioli topped w/meat sauce, green peas, roll, cookies	22nd Penne polish sausage bake, sauerkraut, apple delight	23rd Country fried steak w/gravy, buttered noodles, mixed vegetables, roll, frosted brownie	24th Lemon baked fish, tartar sauce, buttered rice, steamed vegetables, mandarin orange fluff	25th Beef stroganoff over noodles, steamed broccoli, roll, sliced peaches
26th Honey glazed pork loin, roasted vegetables, pinto beans, frosted cake	27th Chicken & dumplings, steamed carrots, roll, fruit pie	28th Beef tips in gravy, buttered noodles, Italian blend vegetables, roll, banana pudding				

Care Center Menus February 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Supper			1st Egg salad on croissant, potato chips, sliced tomatoes, caramel brownie	2nd Meatloaf, mashed potatoes & gravy, garlic green beans, roll, assorted cookies	3rd Pizza, Caesar salad, garlic breadstick, ice cream	4th Macaroni & cheese w/diced ham, broccoli, roll, fruit shortcake
5th Tomato soup, hot ham & cheese sandwich, chips, fruit cup	6th Homemade chili, side salad w/dressing, cornbread, frosted spice cake	7th Tuna salad cold plate, potato salad, marinated veg salad, gooey butter bar	8th Sloppy joes, on bun, fried potatoes, capri veg, cinnamon apple slices	9th Pizza pasta casserole, tossed salad/dressing, garlic breadstick, pineapple cake	10th Classic patty melt, green beans, assorted ice cream	11th Chicken ala king over biscuit, mixed veg, fruit parfait
12th French dip beef sandwich, potato chips, buttered corn, peach cobbler	13th BLT sandwich, chips, side salad/dressing, roll, iced sugar cookie	14th Creamy chicken spaghetti, California blend veg, roll, mixed fruit cup	15th Baked chicken w/onion gravy, country green beans w/bacon & onion, rice pilaf, roll, cherry crisp	16th Meatballs in marinara sauce over penne pasta, buttered Italian blend veg, garlic bread, chocolate chip cookies	17th Breaded chicken patty on bun, sweet potato fries, Jell-O cake w/whipped topping	18th Homemade meatloaf, mashed potatoes & gravy, mixed vegetables, roll, autumn fruit crumble
19th Chicken salad sandwich, potato chips, side salad w/dressing, fruit cobbler	20th Beef tacos, refried beans, corn w/red peppers, homemade rice pudding	21st Fried bologna & cheese sandwich, garden pasta salad, stewed tomatoes, oatmeal raisin bar	22nd Herb roasted chicken, creamed potatoes, seasoned green beans, carrot cake w/frosting	23rd Deluxe potato ham bake, seasoned broccoli, banana pudding dessert	24th Pulled pork sandwich, French fries, coleslaw, pudding parfait	25th Fried chicken, buttered corn, baked macaroni & cheese, cornbread, assorted pies
26th Tomato soup, grilled ham & cheese sandwich, side salad w/dressing, assorted sherbet cups	27th Reuben sandwich, dill pickle spear, French fries, chocolate chip cookie	28th BBQ pork, baked beans, confetti corn, cornbread, mandarin oranges				