

Senior Living Activities January 2023

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|------------------|---|--|--|---|------------------|
| 1 st 7pm Eden Church Service | 2 nd | 3rd 10:30 Bandana's BBQ 2:00 Uno 3:00 Dominos | 4 th 2:00 Left Center Right 3:00 Fabulous Nails | 5 th 3:00 Scattergories | 6 th 10:00 Exercise Health Talk w/Sydney 2:00 Music w/Larry 3:00 Bingo | 7 th |
| 8 th Hymn Service w/Vera | 9 th | 10 th 1:00 Good Will 3:00 Yahtzee | 11 th 11:00 Lunch @ Olive Garden 2:00 History Presentation 3:00 Bunco | 12 th 1:00 Eden Bible Study 3:00 Eden Ladies Group | 13 th 2:00 Happy Hour & Trivia 3:00 5 Second Rule | 14 th |
| 15 th | 16 th | 17 th 2:00 Debong 3:00 5 Second Rule | 18 th 11:30 Monthly Free Birthday Lunch 1:00 Dollar Tree 3:00 Fabulous Nails | 19 th 2:00 1 st Presbyterian Church 3:00 Dominos | 20 th 10:30 Lunch @ Joe's Pizza 2:00 Left Center Right 3:00 Ice Cream Social | 21 st |
| 22 nd 7pm New Bethel Methodist Church Service | 23 rd | 24 th 2:00 Garden Homes Town Hall 3:00 Crafts | 25 th 2:00 Suites & Lofts Town Hall 3:30 Fabulous Nails | 26 th 1;00 Eden Bible Study 3:00 Dominos | 27 th 2:00 Tommy Tunes 3:00 Debong | 28 th |
| 29 th 7pm Eden Church | 30 th | 31st 10:30 Lunch @ Bluff City Grill 3:00 Dominos | Mondays, Tuesdays, Thursdays & Fridays: 10:00 Exercise in Atrium Mondays: 2:00 Bingo, 3:00 Wheel of Fortune Wednesdays: 9:30 Coffee Social, 10:30 Exercise in Atrium Thursdays: 1:00 Local Shopping Fridays: 1:00 Blood Pressure Check | | | |