

January 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1<sup>st</sup></b> Egg of choice, sausage patty, coffee cake, hot/cold cereal	<b>2<sup>nd</sup></b> Pancakes, sausage patty, hot/cold cereal	<b>3<sup>rd</sup></b> Biscuit & sausage gravy, hot/cold cereal	<b>4<sup>th</sup></b> French toast, bacon, hot/cold cereal	<b>5<sup>th</sup></b> Scrambled eggs, ham, toast, hot/cold cereal	<b>6<sup>th</sup></b> Egg of choice, sausage patty, toast, hot/cold cereal	<b>7<sup>th</sup></b> Waffles, sausage patty, hot/cold cereal
<b>8<sup>th</sup></b> Egg of choice, sausage patty, toast, hot/cold cereal	<b>9<sup>th</sup></b> Blueberry pancakes, bacon, hot/cold cereal	<b>10<sup>th</sup></b> Biscuit & sausage gravy, hot/cold cereal	<b>11<sup>th</sup></b> Egg of choice, sausage patty, toast, hot/cold cereal	<b>12<sup>th</sup></b> Breakfast casserole, toast, hot/cold cereal	<b>13<sup>th</sup></b> French toast, sausage patty, hot/cold cereal	<b>14<sup>th</sup></b> Waffles, sausage patty, hot/cold cereal
<b>15<sup>th</sup></b> Choice of egg, sausage patty, breakfast muffin, hot/cold cereal	<b>16<sup>th</sup></b> Scrambles eggs, bacon, banana bread, hot/cold cereal	<b>17<sup>th</sup></b> Biscuit & sausage gravy, hot/cold cereal	<b>18<sup>th</sup></b> Egg of choice, sausage patty, toast, hot/cold cereal	<b>19<sup>th</sup></b> Pancakes, sausage patty, hot/cold cereal	<b>20<sup>th</sup></b> Egg of choice, ham, raisin toast, hot/cold cereal	<b>21<sup>st</sup></b> Scrambled eggs, sausage patty, toast, hot/cold cereal
<b>22<sup>nd</sup></b> Scrambled eggs, sausage patty, breakfast muffin, hot/cold cereal	<b>23<sup>rd</sup></b> Scrambled eggs, bacon, breakfast muffin, hot/cold cereal	<b>24<sup>th</sup></b> Biscuit & sausage gravy, hot/cold cereal	<b>25<sup>th</sup></b> Pancakes, sausage patty, hot/cold cereal	<b>26<sup>th</sup></b> Denver scramble, sausage patty, toast, hot/cold cereal	<b>27<sup>th</sup></b> Egg of choice, ham, toast, hot/cold cereal	<b>28<sup>th</sup></b> Scrambled eggs, sausage patty, biscuit, hot/cold cereal
<b>29<sup>th</sup></b> Egg of choice, sausage patty, coffee cake, hot/cold cereal	<b>30<sup>th</sup></b> Pancakes, sausage patty, hot/cold cereal	<b>31<sup>st</sup></b> Biscuit & sausage gravy, hot/cold cereal	<b>Breakfast</b>			

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1<sup>st</sup></b> Chicken cordon bleu, baked potato, green beans, cheesecake	<b>2<sup>nd</sup></b> Chicken & dumplings, steamed carrots, roll, fruit pie	<b>3<sup>rd</sup></b> Beef tips & gravy, buttered noodles, Italian veggies, roll, banana pudding	<b>4<sup>th</sup></b> Baked ham, au gratin potatoes, Brussel sprouts, peach cobbler	<b>5<sup>th</sup></b> Honey glazed pork, roasted veggies, pinto beans, frosted cake	<b>6<sup>th</sup></b> Breaded fish sandwich, cheesy rice, creamed spinach, apple cobbler	<b>7<sup>th</sup></b> Beef steak w/gravy, rice pilaf, veggie blend, fruit fluff
<b>8<sup>th</sup></b> Chicken fried chicken breast, mashed potatoes & gravy, buttered corn, apple crisp	<b>9<sup>th</sup></b> Brown sugar smoked sausage, roasted red potatoes, cabbage, sweet potato pie	<b>10<sup>th</sup></b> Beef pot roast, sweet potatoes, 5-way mixed veggies, roll, chocolate brownie	<b>11<sup>th</sup></b> Smothered pork, buttered noodles, squash, roll, pumpkin bar	<b>12<sup>th</sup></b> Chicken & broccoli stir-fry, rice, carrots, mandarin oranges	<b>13<sup>th</sup></b> Fish of the day, mac & cheese, coleslaw, roll, oatmeal raisin cookie	<b>14<sup>th</sup></b> Salisbury steak, mashed potatoes & gravy, broccoli, roll, blueberry pie
<b>15<sup>th</sup></b> Honey glazed ham, baked sweet potato, cauliflower, roll, cherry whip fruit salad	<b>16<sup>th</sup></b> Chicken teriyaki, rice, Asian veggies, snickerdoodle bar	<b>17<sup>th</sup></b> Cheeseburger, fries, coleslaw, ice cream	<b>18<sup>th</sup></b> Stuffed peppers, angel hair pasta, Boston cream pie	<b>19<sup>th</sup></b> Garlic herbed pork, au gratin potatoes, carrots, tropical fruit	<b>20<sup>th</sup></b> Baked fish, cheesy noodles, peas, roll, pumpkin pie	<b>21<sup>st</sup></b> Beef stew, sauteed zucchini & onions, roll, brownie
<b>22<sup>nd</sup></b> Roast beef, carrots, onions, potatoes, roll, fruited Jell-o	<b>23<sup>rd</sup></b> Honey glazed port, roasted veggies, scalloped potatoes, roll, frosted cake	<b>24<sup>th</sup></b> Cheese ravioli w/meat sauce, peas, roll, cookies	<b>25<sup>th</sup></b> Polish sausage bake, sauerkraut, apple delight	<b>26<sup>th</sup></b> Country fried steak & gravy, buttered noodles, mixed veggies, roll, frosted brownie	<b>27<sup>th</sup></b> Lemon baked fish, buttered rice, steamed veggies, mandarin orange fluff	<b>28<sup>th</sup></b> Beef stroganoff over noodles, broccoli, roll, sliced peaches
<b>29<sup>th</sup></b> Honey glazed pork, roasted veggies, pinto beans	<b>30<sup>th</sup></b> Chicken & dumplings, steamed carrots, roll, fruit pie	<b>31<sup>st</sup></b> Beef tips & gravy, buttered noodles, Italian veggies, roll, banana pudding	<b>Lunch</b>			

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<b>1<sup>st</sup></b> Tomato soup, grilled ham & cheese sandwich, salad, sherbet cup	<b>2<sup>nd</sup></b> Reuben sandwich, fries, pickle spear, chocolate chip cookie	<b>3<sup>rd</sup></b> BBQ pork, baked beans, confetti corn, cornbread, mandarin oranges	<b>4<sup>th</sup></b> Egg salad on croissant, chips, sliced tomatoes, caramel brownie	<b>5<sup>th</sup></b> Meatloaf, mashed potatoes & gravy, green beans, roll, cookie	<b>6<sup>th</sup></b> Pizza, Caesar salad, garlic breadstick, ice cream	<b>7<sup>th</sup></b> Macaroni & cheese w/ham, broccoli, roll, fruit shortcake
<b>8<sup>th</sup></b> Tomato soup, hot ham & cheese sandwich, chips, fruit cup	<b>9<sup>th</sup></b> Chili, salad, cornbread, frosted spice cake	<b>10<sup>th</sup></b> Tuna salad cold plate, potato salad, marinated veggie salad, gooey butter bar	<b>11<sup>th</sup></b> Sloppy joe, fried potatoes, capri veggies, cinnamon apples	<b>12<sup>th</sup></b> Pizza pasta casserole, salad, garlic breadstick, pineapple cake	<b>13<sup>th</sup></b> Classic patty melt, green beans, ice cream	<b>14<sup>th</sup></b> Chicken ala king over a biscuit, mixed veggies, fruit parfait
<b>15<sup>th</sup></b> French dip beef sandwich, chips, corn, peach cobbler	<b>16<sup>th</sup></b> BLT sandwich, chips, salad, iced sugar cookie	<b>17<sup>th</sup></b> Creamy chicken spaghetti, Cali veggies, roll, fruit cup	<b>18<sup>th</sup></b> Baked chicken w/gravy, green beans, rice pilaf, cherry crisp	<b>19<sup>th</sup></b> Meatballs & marinara over penne pasta, Italian veggies, garlic bread, chocolate chip cookies	<b>20<sup>th</sup></b> Breaded chicken patty on bun, sweet potato fries, Jell-o cake w/whipped topping	<b>21<sup>st</sup></b> Meatloaf, mashed potatoes & gravy, mixed veggies, roll, autumn fruit crumble
<b>22<sup>nd</sup></b> Chicken salad sandwich, chips, salad, fruit cobbler	<b>23<sup>rd</sup></b> Beef soft tacos, refried beans, corn w/peppers, rice pudding	<b>24<sup>th</sup></b> Fried bologna & cheese sandwich, pasta salad, stewed tomatoes, oatmeal raisin bar	<b>25<sup>th</sup></b> Herb roasted chicken, creamed potatoes, green beans, carrot cake w/frosting	<b>26<sup>th</sup></b> Potato & ham bake, broccoli, banana pudding	<b>27<sup>th</sup></b> Pulled pork sandwich, fries, coleslaw, pudding parfait	<b>28<sup>th</sup></b> Fried chicken, corn, baked mac & cheese, cornbread, assorted pies
<b>29<sup>th</sup></b> Tomato soup, grilled ham & cheese sandwich, salad, sherbet	<b>30<sup>th</sup></b> Reuben sandwich, dill pickle, fries, chocolate chip cookie	<b>31<sup>st</sup></b> BBQ pork, baked beans, confetti corn, cornbread, mandarin oranges	<b>Dinner</b>			