

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Breakfast	January 2021				1 Scrambled Egg Ham Hot or Cold cereal Fruit Toast	2 French Toast Sausage Hot & Cold Cereal Fruit Toast
3 Scrambled Egg Ham Hot & Cold Cereal Fruit Caramel Roll Toast	4 Pancakes Sausage link Hot or cold Cereal Fruit Toast	5 Biscuit & Gravy Hot or cold cereal Hard Boiled Egg Fruit Toast	6 Omelet Hot or cold cereal Fruit Toast	7 Fried Egg Bacon Hot or cold cereal Fruit Toast	8 Scrambled Egg Ham Hot or Cold cereal Fruit Toast	9 French Toast Sausage Hot or cold cereal Fruit Toast
10 Scrambled Egg Ham Hot & Cold Cereal Fruit Caramel Roll Toast	11 Pancakes Sausage link Hot or cold Cereal Fruit Toast	12 Biscuit & Gravy Hot or cold cereal Hard Boiled Egg Fruit Toast	13 Omelet Hot or cold cereal Fruit Toast	14 Fried Egg Bacon Hot or cold cereal Fruit Toast	15 Scrambled Egg Ham Hot or Cold cereal Fruit Toast	16 French Toast Sausage Hot or cold cereal Fruit Toast
17 Scrambled Egg Ham Hot & Cold Cereal Fruit Caramel Roll Toast	18 Pancakes Sausage link Hot or cold Cereal Fruit Toast	19 Biscuit & Gravy Hot or cold cereal Hard Boiled Egg Fruit Toast	20 Omelet Hot or cold cereal Fruit Toast	21 Fried Egg Bacon Hot or cold cereal Fruit Toast	22 Scrambled Egg Ham Hot or Cold cereal Fruit Toast	23 French Toast Sausage Hot or cold cereal Fruit Toast
24 Scrambled Egg Ham Hot & Cold Cereal Fruit Caramel Roll Toast	25 Pancakes Sausage link Hot or cold Cereal Fruit Toast	26 Biscuit & Gravy Hot or cold cereal Hard Boiled Egg Fruit Toast	27 Omelet Hot or cold cereal Fruit Toast	28 Fried Egg Bacon Hot or cold cereal Fruit Toast	29 Scrambled Egg Ham Hot or Cold cereal Fruit Toast	12 French Toast Sausage Hot or cold cereal Fruit Toast

Sun	Mon	Tue	Wed	Thu	Fri	Sat
January 2021 Lunch		Cottage Cheese, Salad, Applesauce is available per request			1 Chicken Cordon Blu Almond Green Beans Silky Mased Potatoes Dinner Roll	2 Baked Ziti W/ Meat Sauce Cauliflower Garlic Bread
3 Cheddar Baked Chicken Baked Potato Green Bean Casserole	4 Swedish Meatballs Steamed Rice Broccoli Bread	5 Turkey Dressing Peas Cranberry Sauce Dinner Roll	6 Pepper Steak Baked Sweet Potato Broccoli Dinner Roll	7 Soft Taco Spanish Rice Fiesta Corn	8 Fish Sandwich French Fries Coleslaw	9 BBQ Burgers on Bun Potato Salad Baked Beans
10 Roast Beef Mashed Potatoes Broccoli w/Cheese Bread	11 Ham & Beans Corn Bread Fried Potatoes	12 Smothered Pork Loin Au Gratin Potatoes Mixed Veggies	13 Stuffed Pepper Rice Pilaf Garlic Bread	14 Hearty Beef Stew Roasted Potatoes Corn Bread	15 Fried Fish Mac & Cheese Green Beans Bread	16 Chili Corn Bread Cole Slaw
17 Country Fried Steak Mashed Potatoes Corn Biscuit	18 Open Faced Roast Beef Scalloped Potatoes Mixed Veggies	19 Lasagna Salad Garlic Bread	20 Fried Chicken Mashed Potatoes Cauliflower Biscuit	21 Honey Ham Sweet Potatoes Roasted Veggies	22 Salisbury Steak Au Gratin Potatoes Peas Corn Bread	23 Spaghetti w/ Meat Sauce Normandy Veggies Garlic Bread
24 Swiss Steak Mashed Potatoes Green Beans Dinner Roll	25 Chicken Alfredo Roasted Veggies Garlic Bread	26 Meatloaf Baked Potato Cream Corn Bread	27 BBQ Pulled Pork on Bun Potato Wedges Coleslaw	28 Fried Chicken Mashed Potatoes Green Beans Dinner Roll	29 Catfish Filet Mac & Cheese Peas Cheese Biscuit	30 Baked Ziti W/ Meat Sauce Cauliflower Garlic Bread

Grilled Cheese/Hamburger/Cheeseburger available daily

31 Cheddar Baked Chicken, Baked Potato, Green Beans

Sun	Mon	Tue	Wed	Thu	Fri	Sat
January 2021 Dinner		Cottage Cheese, salad, and apple sauce are available by request			1 Chili Corn Bread Crackers	2 Sloppy Joes Tater Tots Creamed Corn
3 Hot Ham & Cheese Sandwich Chips Grapes	4 Polish Sausage & Kraut Roasted Potatoes Green Beans	5 Chicken Pot Pie Cheese Biscuit	6 Sausage Pizza Salad	7 Beef & noodles Green Beans Dinner Roll	8 Orange Chicken Rice Oriental Veggies Eggs Roll	9 Beef pepper Steak w/gravy Mashed Potatoes Carrots Bread
10 Reuben Sandwich Potato Wedges	11 Chicken Strips Steak Fries Buttered Corn	12 Fried Cod Mac & Cheese Cole Slaw	13 Country Fried Steak Mashed Potatoes Peas & Carrots	14 Grilled Turkey club Sandwich Tater Tots	15 Scrambled Eggs Bacon Hash Browns Toast	16 Chicken & Dumplings Peas Biscuit
17 Baked Chicken Baked Potato Mixed Veggies	18 Roasted Turkey Sweet Potatoes Cream Corn Bread	19 Meatloaf Mashed Potatoes Peas & Carrots Dinner Roll	20 BLT Sandwich Cottage Cheese Tater Tots	21 BBQ Brisket Baked Beans Potato Salad	22 Fish Sandwich Cole Slaw Hush Puppies	23 Hot Ham & Cheese Sandwich Chips Grapes
24 Sausage & Pepperoni Pizza Salad	25 Pork Chops and Dressing Brussel Sprouts Dinner Roll	26 Ham & Beans Corn Bread Potatoes	27 Turkey Pot Pie Potatoes Dinner Roll	28 Roast Beef Sandwich Onion Rings Fruit Salad	29 Chili Corn Bread Crackers	30 Sloppy Joes Tater Tots Creamed Corn

Grilled Cheese/Hamburger/Cheeseburger available daily

31-Hot Ham & Cheese Sandwich, Chips, Grapes